

## Guidelines for Parents

By taking responsibility for your children's online computer use, you can minimise the risks of being online.

Make using the Internet a family activity. Ask your child to show you what he or she does online and become familiar with all the things that you can do online.

Get to know their 'online friends' just as you get to know all of their other friends.

Sit down with your children and agree reasonable rules and guidelines for using the computer.

Remember to check they are sticking to the rules, especially when it comes to the amount of time they spend on the computer.

Make sure you're dealing with someone that both you and your child know and trust before giving information via E-mail.

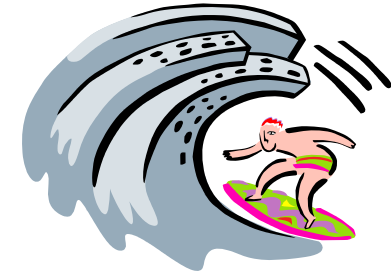
Encourage your children to tell you if they receive messages that upset them.

At the very least, keep track of any files your children download to the computer. You could share an E-mail account with them so you can oversee their mail. And consider joining your children when they are in private chat areas.

Always remember, the best way to make sure that your children are having positive online experiences is to stay in touch with what they are doing

## Answers To Quiz

1. **NO. Never give out your name or address to anyone you meet online.** If you really want to meet this person, check with your parents to see if they can think of a safe way to arrange it.
2. **NO. Never send a picture of yourself to someone you met online, without first checking with your parents!**
3. **NO. Companies must get a parent's permission before they collect information from children - even for competitions.**
4. **C. Never respond to any messages that are nasty or in any way makes you feel uncomfortable.** It is not your fault if you get a message like that. Tell your parents right away.
5. **NO. Don't give out your Internet password to anyone (even your best friend) other than your parents.**
6. **NO. It's very important that you never agree to get together with someone you "meet" online without first checking with your parents.** If your parents agree to the meeting, they should be with you.



# Internet Safety

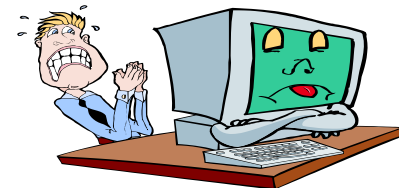
### Websites Of Interest

<http://kids.getnetwise.org/safetyguide/>

<http://www.kidsdomain.com/brain/computer/surfing/>

[http://www.kidsdomain.com/safety\\_kids.html](http://www.kidsdomain.com/safety_kids.html)

<http://www.protectyourkids.info/>



# Kids' Top 10 Rules For Staying Safe

1. Don't give anyone your address, phone number, school name, town in chat rooms, forums or forms.
2. Never agree to meet anyone in person that you have met online.
3. Never reply to any email, chat messages, or forum items that make you feel uncomfortable.
4. Never send information or pictures to anyone over the Internet that you don't know.
5. Never give your password to anyone except your parents, no matter who they say they are.
6. Remember that people may not be who they say they are. Someone who says they are a 10-year old girl may really be an older man.
7. Never click on links in emails from people you don't know.
8. Don't order anything or give anyone information without asking your parent first.
9. Always tell your parents if someone upsets you or makes you feel uncomfortable.
10. Always follow your parents' rules regarding computer use.



## Kid's Quiz

1. I'm online and I meet someone my age in a chat room. Is it OK to give him or her my address or phone number so we can get together?
2. I have a digital picture of myself and someone I met online wants to see it. Is it OK to send it to that person?
3. I'm visiting a site from a company or organisation that I've heard of. They want my name and phone number so I can enter a contest. Is it OK to enter?
4. I'm in the middle of a chat session and someone says something nasty. Should I:  
A Say something nasty back?  
B Ask them to apologise?  
C Don't respond and tell an adult if it bothers me?
5. I'm online and I get a message from my Internet service provider asking for my password. They say they need it to fix my account. Should I give it to them?
6. I met someone in a chat room who wants to get together. They live nearby. Can I arrange a meeting?